THE BOUGIE BEE MD

CONCIERGE LIFESTYLE & LONGEVITY MEDICINE

Premium Multi-State Telehealth Specialist | www.thebougiebeemd.com

Mandatory Step 1: The Initial Medical Consultation ($250)

Prior to practice enrollment, Dr. Long requires a comprehensive 1-on-1 virtual clinical evaluation to review your medical profile and ensure a perfect fit.

100% On-Time Credit: If you are accepted and establish a 12-month membership during your consult, your full $250 fee is applied as a direct statement credit toward your first month's invoice.

OUR 12-MONTH MEMBERSHIP EXPERIENCES

1. Honeycomb Metabolic

$249 / mo (or $2,700/yr upfront)

- **Physician-Led Weight Strategy:** Custom metabolic mapping using advanced GLP-1 tracking and high-purity clinical protocols.
- **Advanced Cellular Wellness:** Expert medical guidance focused on comprehensive healthy aging, metabolic protection, and vitality optimization.
- **Dedicated Recomposition:** Focused tracking for visceral fat reduction, lean muscle tissue preservation, and overall metabolic health.
- **Streamlined Communication:** Direct secure messaging portal with dedicated physician responses within one business day.

2. Vitality Menopause *(Women Only)*

$199 / mo (or $2,100/yr upfront)

- **Certified MSCP Hormone Care:** Premium, evidence-based Menopause Society certified Bioidentical Hormone Replacement (HRT).
- **Targeted Symptom Relief:** Custom protocols designed to resolve brain fog, debilitating hot flashes, insomnia, and erratic mood shifts.
- **Continuous Lab Calibration:** Ongoing specialty laboratory biomarker tracking and clinical dosing evaluations.
- **Streamlined Communication:** Direct secure messaging portal with dedicated physician responses within one business day.

👑 3. The "Queen Bee" VIP (Most Preferred)

$349 / mo (or $3,800/yr upfront)

- **Dual-Specialty Spectrum (Women):** Seamlessly combines full metabolic weight tracking and complete premium HRT optimization.
- **Longevity & Performance (Men):** Custom metabolic optimization, advanced cellular wellness, and vitality protocols (excludes male TRT).
- **Direct Priority Access:** Round-the-clock secure cellular communication channel directly to Dr. Long for messaging and triage.
- **12-Hour Shift Buffer:** Guarded response windows within 12 hours max while Dr. Long is actively managing frontline shifts at the physical ER or sleeping.
- **Virtual Urgent Care Solutions:** On-demand evaluation and immediate prescribing for acute issues like UTIs, sinus flare-ups, and skin infections.
- **Premium Lifestyle Rx Portfolio:** Ongoing prescribing for custom anti-aging skincare, hair restoration, and targeted topical cosmetic formulations.
- **Global Travel Preparedness:** Personalized destination health profiling, vacation pharmacy coordination, and preventative prescribing.

PRACTICE POLICIES & PAYMENT STRUCTURE

• **100% Private Cash-Pay Model:** We do not participate in, accept, or bill standard commercial medical insurance networks or Medicare.

• **Independent Expenses:** All specialized prescription drugs, custom compounded formulations, and third-party laboratory blood panel processing fees are paid out-of-pocket directly by the patient. Discounted wholesale physician lab pricing is passed directly to you.

• **Clinical Compliance Guardrails:** We do not prescribe or manage unvetted, experimental, or investigational substances. The Bougie Bee MD does not offer or dispense Testosterone Replacement Therapy (TRT) or controlled anabolic substances to male patients.

• **Contractual Binding:** Ongoing concierge tiers operate under a mandatory 12-month commitment profile. View full legal terms at www.thebougiebeemd.com.

Ready to take flight and experience elite care?

Contact us to set up your day and time slot. Your confirmed invoice locks in your medical appointment.

REQUEST YOUR CONSULTATION

This document is intended solely for informational and presentation purposes regarding practice structure. For immediate medical advice, diagnostics, or acute physical healthcare emergencies, please consult a local hospital or dial 911 immediately. AI assistant outputs may include unintended discrepancies.